1. From the Home page, select “CREATE ACCOUNT.”
2. Make sure “University of Pennsylvania” is selected from the drop-down menu.
3. Fill out the following personal information. (See step 5 if you do not have a Penn-affiliated email address.)

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Email (Valid Domains: recreation.upenn.edu, upenn.edu, sas.upenn.edu, seas.upenn.edu, wharton.edu.)</td>
<td>Password</td>
</tr>
<tr>
<td>Status</td>
<td>Grad Year</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Birthday</th>
<th>I Participate As</th>
</tr>
</thead>
<tbody>
<tr>
<td>Month</td>
<td></td>
</tr>
<tr>
<td>Day</td>
<td></td>
</tr>
<tr>
<td>Year</td>
<td></td>
</tr>
</tbody>
</table>

4. Depending on your browser and/or adblocker, you may need to submit verification.
5. If you do not have a Penn-affiliated email, you will be redirected to this pop-up:

**Notification**

Sorry, this network requires you to use an email ending in: upenn.edu. If you do not have an email that matches one of these domains, you can submit a request to join the school below:

I would like to join the team 'Quaker Nation'

In the request box, please **explicitly** state the team you wish to join. Once you submit your request, a system administrator will approve your request to participate with your team.

6. Once your account has been created, you will receive an email **asking you to activate your account**. (Please allow a few minutes to receive the notification.)

7. After your account is created, you will be taken to the following main screen:
8. Click on “Register,” and browse the following screen for current leagues, registration periods, payments, and the corresponding season length.

![Table showing various sports and their details]

9. Select the respective sport you are interested in to find out more divisions, leagues, and contact information.

Further Email Assistance: upennim@gmail.com

See the following page on Fall 2019 Intramural Sports and registration deadlines.
INTRAMURAL SPORTS
FALL 2019

Registration for all sports begins 8/28
Registration closes on 9/18*
Register on IMLeagues.com

*Registration closes for 8v8 Soccer on 9/10

8v8 Soccer
Flag Football
Ultimate Frisbee
Volleyball

#QuakerEveryday