If you’re starting your second year at Penn, it can sometimes feel like you’ve been left to drift on your own. Charting your own course as a sophomore can be exciting but it can also come with a big dose of anxiety. The College Houses as a whole, and the Upperclass Houses in particular, are committed to making your second year incredible by linking you to the resources you need to keep yourself healthy, happy, and connected.

**Harnwell**  [www.harnwell.house.upenn.edu](http://www.harnwell.house.upenn.edu)
- Dr. Adriana Perez’s Leadership Roundup
- Ivanco Talevski’s Drawing Workshop
- Soup’s on with Dean Viraj
- Makin’ Break

**PLUS** our fantastic Program Communities: Ancient Studies, Arts House, East Asia House, International Program, Latin American Residential Program, Eco-House, and Biosciences

**Harrison**  [www.harrison.house.upenn.edu](http://www.harrison.house.upenn.edu)
- Learning styles workshops
- Tours of campus resources
- Restaurant Week visits exclusively for sophomores

**PLUS:** Upper class panels on timely topics including:
- What I wish I had known about the second year at Penn
- The truth about OCR
- Study Abroad experiences
- Making and remaking friends after the 1st year
- Academic Works in Progress Series

**Rodin**  [www.rodin.house.upenn.edu](http://www.rodin.house.upenn.edu)

**Leadership and Support:**
- Rodin Rising Mentorship Program
- Rodin Leadership Program Community (19th floor)
- Rodin House Council Program Committees

**Health and Wellness:**
- Weekly Meditation with Campus Health
- Weekly Yoga in the RTL
- Balanced Living Program Community (23rd floor)

**PLUS** House resources including Rodin’s amazing dedicated faculty and staff, Rodin Academic Peer Mentors, abundant study space, and the Rodin Resource Room